

What My Wife Is Worth

By Forest Benedict

- My wife is a woman of infinite worth. Because of this, she deserves my best efforts.
- She deserves a husband who only has eyes for her.
- She deserves a husband in active recovery, not passively going with the flow.
- She deserves a husband who reminds her that she is not to blame for his past or present choices.
- She deserves a husband who actively opposes visual and mental lust in all forms; viewing it as the enemy of true intimacy.
- She deserves a husband who is trustworthy, both when she is looking and when she's unaware.
- She deserves a husband who seeks help when needed, remaining accountable to those who call out his greatness and strength.
- She deserves a husband with the courage to face his deepest fears, inadequacies, and wounds for the sake of his healing.
- She deserves a husband who learns from his mistakes, creating and communicating new plans for change.
- She deserves a husband who is learning how to connect and does the hard work in spite of insecurities and inadequacies in this area.
- She deserves a husband who tells the truth about his behavior and is honest when his heart wants to wander.
- She deserves a husband who does whatever it takes to change whatever wounds her.
- She deserves a husband who takes responsibility for his life, rather than being a victim of circumstances, feelings, or personal history.
- She deserves a husband who progresses in personal growth; who is becoming the man he's told her he wants to be.
- She deserves a husband who is committed to perseverance and course correction; who gets up quickly after failures.
- She deserves a husband who cares for himself so that he can offer her more presence and participation in daily life.
- She deserves a husband who models faith, purity, passion, and purpose to their children.
- She deserves a husband who acknowledges his imperfections yet resists using them as justifications for a small life.
- She deserves a husband who fights for her heart.
- She deserves a husband who pursues her emotional and physical safety.
- She deserves a husband who cherishes her, pursues her, and defends her.
- She deserves a husband who humbly responds to her personal boundaries and listens to the pain his choices have caused.
- She deserves a husband who remains patient when forgiveness and trust do not come quickly.
- She deserves a husband who desires her, cutting off opportunities to seek all counterfeit connections.
- She deserves a husband who nurtures her, encourages her to use her gifts, and empowers her to come alive.
- She deserves a husband who supports her needs for relationships, relaxation, rest, and rejuvenation.
- She deserves a husband who serves her, looking for ways to lighten her load.
- She deserves a husband who is eager to invest both his time and attention.
- She deserves a husband who sees her, knows her, and loves her.
- She deserves a husband who reminds his wife every day that her value does not depend on her weight, her style, her sexiness or sexual availability, how she was treated as a child, or any other outside factor.
- She deserves a husband who reminds her that she is beautiful and she is enough.
- Her worth is innate and cannot be tarnished.
- She deserves all of these things because she is a woman of infinite worth.

And so are you.

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